

VBCSM 2 6: Session: 3: COACH evaluation sheet for TEAM: BSB

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lescrauwaet Monique

Coaches: Sengers Daan HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 09:22
Heat: 4/4 Lane : 2 Athlete: IMAI HARUKI					Q-time: 01:15:38
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 09:22
Heat: 4/4 Lane : 8 Athlete: THORSSON IVAN					Q-time: 01:29:34
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 09:50
Heat: 2/8 Lane : 3 Athlete: POLLMEIER ISABELLA					Q-time: 01:30:12
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 09:50
Heat: 2/8 Lane : 4 Athlete: MCLAUCHLAN ROSALYN					Q-time: 01:25:64
PB (25m pool): 01:29.66 Vilvoorde 05/10/2025					PB (50m pool): no time SB: 01:29.66 Vilvoorde 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.28		01:29.66	
	00:41.28		00:48.38		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 09:54
Heat: 4/8 Lane : 7 Athlete: BELLO GALLEG0 YAIZA					Q-time: 01:13:34
PB (25m pool): 01:19.05 Vilvoorde 05/10/2025					PB (50m pool): no time SB: 01:19.05 Vilvoorde 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.19		01:19.05	
	00:38.19		00:40.86		
					

Coach feedback:

Event number: 24: 50M BREASTSTROKE MEN 11+					Heat:2, starttime: 10:20
Heat: 2/2 Lane : 6 Athlete: IMAI HARUKI					Q-time: 00:34:56
PB (25m pool): 00:35.67 Hannuit 28/03/2026					PB (50m pool): no time SB: 00:35.67 Hannuit 28/03/2026
	2 5 M	5 0 M			
PB		00:35.67			
	00:35.67				
					

Coach feedback:

Event number: 25: 50M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 10:22
Heat: 1/3 Lane : 4 Athlete: MACDONALD LOUISE					Q-time: 00:48:53
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

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Event number: 26: 50M FREESTYLE MEN 11+			Heat:4, starttime: 10:30
Heat: 4/6 Lane : 7 Athlete: THORSSON IVAN			Q-time: 00:34:00
PB (25m pool): 00:34.00 Hannuit 28/03/2026			PB (50m pool): no time SB: 00:34.00 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:34.00	
		00:34.00	
	.	.	

Coach feedback:

Event number: 27: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 10:36
Heat: 3/6 Lane : 1 Athlete: POLLMEIER ISABELLA			Q-time: 00:37:03
PB (25m pool): 00:37.03 Hannuit 28/03/2026			PB (50m pool): no time SB: 00:37.03 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:37.03	
		00:37.03	
	.	.	

Coach feedback:

Event number: 27: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 10:36
Heat: 3/6 Lane : 7 Athlete: MCLAUCHLAN ROSALYN			Q-time: 00:36:93
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
	.	.	

Coach feedback:

Event number: 27: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 10:36
Heat: 4/6 Lane : 1 Athlete: MACDONALD LOUISE			Q-time: 00:34:52
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
	.	.	

Coach feedback:

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Event number: 27: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 10:36
Heat: 4/6 Lane : 7 Athlete: BELLO GALLEGO YAIZA			Q-time: 00:32:82
PB (25m pool): 00:32.82 Overijse 29/11/2025			PB (50m pool): no time SB: 00:32.82 Overijse 29/11/2025
	2 5 M	5 0 M	
PB		00:32.82	
		00:32.82	
			

Coach feedback: